

example 1



Care workers encouraging clients to work with them:

Hanging out smaller items of washing and using a trolley and easy to reach drying rack

Develop specific strategies on how to step in and out of the shower safely to help build capacity and regain confidence in showering.

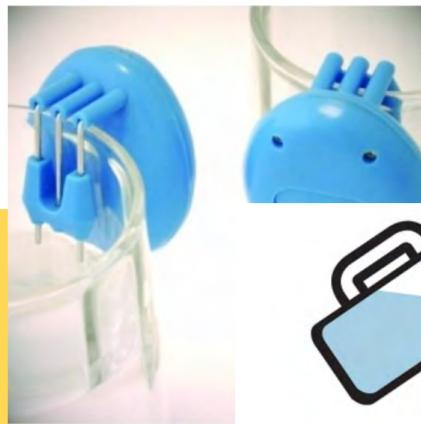
example 2



Care workers working with clients to find a solution:

When a Client was having difficulty pouring water in a glass due to visual impairment - the care professional introduced a glass with a liquid level indicator – the client found the liquid level indicator useful in notifying her to stop pouring.

The client was able to maintain their hydration independently.



example 3



Care workers encouraging clients to think outside the box:

When a Client could no longer write due to a decline in motor skills, she had her own personal goal to be able to write again.

The support worker assisted the client with improving her fine motor skills such as with hand stitching. Through this activity, she achieved her goal and learnt how to write again.

example 4

Care workers working with clients to improve social connection:

A social support program offering a digital literacy program to clients. Clients learn how to email and use social media and use Skype or Zoom to increase social inclusion and decrease loneliness.

Clients also receive mentoring in accessing the MyGov website, online banking and shopping to increase client independence.

